

In Hindsight activity

We all have happenings or events that we look back on and in hindsight would change if we had the chance to do them again. For this activity choose an activity or event from your past (either a good or bad experience) and answer the questions below.

Give a brief description of the activity or event e.g. learning to drive, cooking a special meal, organising a birthday party or something similar.

What was the activity/event?

Who was involved?

What did you want to happen?

What did happen?

What difference did it make to you as a person/or to the people involved?

What would you do to make it better if you got the chance to do it again?

