

PERSONALITY STYLES

There are a wide range of skills and qualities that can contribute to being an effective Community Activist. Just as it is not necessary for everyone to have the same traits in order to make a difference in their community there is no single personality type that is 'best'.

What is important however is knowing yourself and recognising your own areas of strength.

Look at the following pairs and ask yourself which phrase says most about you.

Tick A if you strongly identify with the word on the left, B if less so, C if you identify more with the word on the right, and D if you identify strongly with the word on the right.

	A	B	C	D	
I like to talk					I like to listen
I like to answer questions					I like to listen
I like to carry out ideas					I like to think up ideas
I like finding solutions					I enjoy finding new problems
I like doing					I prefer watching
I like being at the forefront					I prefer to stand back
I like a change					I like things to be predictable
I like to improvise					I like to plan
I'm practical					I'm idealistic
I like to get on with things					I like to think things through
I like to experiment					I like to understand things
I like taking the initiative					I like to wait and watch before making a move
I work things out step by step					I work things out by seeing the whole picture
I'm concerned with getting results					I'm more concerned about how you get the results



TOTAL (add the number of ticks in each column)					
Circle the letter with the highest score	A	B	C	D	

Now do the same for the following pairs marked 1 to 4.

	1	2	3	4	
I like to get involved					I prefer to stand back
I'm a good supporter					I'm a good critic
I rely on gut reaction					I rely on logic
I'm emotional					I'm intellectual
I like to talk things through with others					I like to work things out by myself
I like new experiences					I enjoy new ideas
I trust my feelings					I trust my thinking
I take risks easily					I calculate the odds
I like trial and error					I like to plan and organise
I'm more concerned about people					I'm more concerned about results
I work best with others					I work best alone
I get emotionally involved					I like to get the facts
I'm very accepting					I question a lot
I like to hear people's opinions					I prefer hearing the facts
TOTAL (add the number of ticks in each column)					
Circle the number with the	1	2	3	4	



highest score					
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Your tutor will now distribute the scoring sheet which you can use to determine your Personality Style.

Note in the box below which personality style your scores indicated.
How well does this correspond with your image of yourself?

