Toolkit

Questions

These questions can be used by the tutor as an Ice breaker to get people talking/sharing information, as break to move the focus of session from one topic to another, as a fun energiser or as a closing to a session. Use individually or 3 or 4 at a time, get people to write down and then share their answers or call them out. Use the questions that help set the scene, provide a laugh, make people think, are suited to the group you are working with and so on. Tease out some of the points where it would be helpful to the group or the session but don't labour this.

- 1. If you could have an endless supply of any food, what would you have?
- 2. If you were an animal, what would you be and why?
- 3. What is one goal you'd like to accomplish during your lifetime?
- 4. When you were little, who was your favourite super hero and why?
- 5. Who is your hero? (a parent, a celebrity, an influential person in one's life)
- 6. What's your favourite thing to do in the summer?
- 7. If they made a movie of your life, what would it be about and which actor would you want to play you?
- 8. If you were an ice cream flavour, which one would you be and why?
- 9. What's your favourite cartoon character, and why?
- 10. If you could visit any place in the world, where would you choose to go and why
- 11. What's the ideal dream job for you?
- 12. Are you a morning or night person? Justify why you choose one or the other
- 13. What are your favourite hobbies?
- 14. What are your pet peeves or interesting things about you that you dislike?
- 15. What's the weirdest thing you've ever eaten?
- 16. Name one of your favourite things about someone in your family.
- 17. Tell us about a unique or quirky habit of yours.
- 18. If you had to describe yourself using three words, it would be...
- 19. If someone made a movie of your life would it be a drama, a comedy, a romantic-comedy, action film, or science fiction?
- 20. If I could be anybody besides myself, I would be...

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- 21. If you were a comic strip character, who would you be and why?
- 22. What thought or message would you want to put in a fortune cookie?
- 23. If you had to give up a favourite food, which would be the most difficult to give up?
- 24. What is one food you'd never want to taste again?
- 25. If you won a lottery ticket and had a million dollars, what would you do with it?
- 26. You've been given access to a time machine. Where and when would you travel to?
- 27. If you could be any superhero and have super powers, which one would you like to have and why?
- 28. Mount Rushmore honours four U.S. presidents: Washington, Jefferson, Lincoln, and Roosevelt. If you could add any person to Mount Rushmore, who would you add and why?
- 29. What award would you love to win and for what achievement?
- 30. If you could transport yourself anywhere instantly, where would you go and why?
- 31. In your opinion, which animal is the best (or most beautiful) and why?
- 32. What is one item that you really should throw away, but probably never will?
- 33. Growing up, what were your favourite toys to play with as a child?
- 34. What have you got in your pocket bag that means something special to you?
- 35. Share something that no-one else in the room knows about you or would ever guess about you?

Add as nay of your own as you like!!!!!!!

