

## **I Bequeath**

This exercise involves the participants in the writing of group wills. This icebreaker is effective at any time during the learning program.

### Time Reference

Approximately 15 to 20 minutes.

### Group Size

Best suited for a group of 10 to 20 participants.

### Space Required

A room that has the potential for flexible seating.

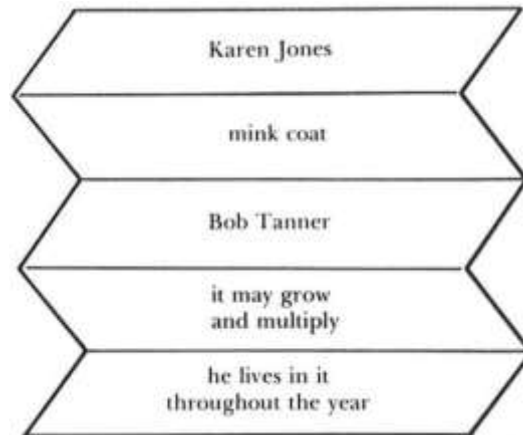
### Materials Needed

For each participant, a pencil and a piece of paper; for the trainer, a blackboard and chalk or a piece of newsprint and a black marker.

1. The group leader asks the participants to form a circular seating arrangement.
2. When the group members are seated, the trainer explains that they will be writing group wills - in case they "die of boredom" during the training session.
3. After giving each participant a pencil and a piece of paper, the trainer tells the group members to fold their paper in an accordian style so that the paper is divided into five sections (see Accordian-Style Fold illustration). In the first section, the participants are to write their names. They then fold the first section down and pass the paper to the person sitting to their right.
4. In the second section of the folded paper they have received, the participants write some item or possession that they wish to bequeath to someone. They then fold the section down and pass the paper to their right.
5. In the third section, the participants write the name of the person sitting to their left. They again fold the paper down and pass it on to their right.
6. In the fourth section, the participants write the purpose or reason for their bequest, fold the paper, and pass it to their right.
7. In the fifth section, the participants write a condition they wish to attach to their bequest.
8. While the participants are completing step #7, the trainer writes the following on a blackboard or on a piece of newsprint: \_\_\_\_\_ hereby wills and bequeaths \_\_\_\_\_ to \_\_\_\_\_ for the purpose of (or in order that) \_\_\_\_\_ on condition that \_\_\_\_\_.

9. The trainer then solicits a volunteer from the group. The volunteer reads the will he or she has in hand, inserting the information from each fold into its appropriate space on the trainer's blank will form. The exercise continues until all of the participants have read their wills.

*Accordian-Style fold*



Variations

- The group leader may ask the participants to perform this exercise legitimately; that is, each group member writes a will that emphasizes the personal traits he or she would like to leave behind.
- After the exercise has been completed, the trainer initiates a discussion in which the participants tell how they would like others to remember them.