## **Pre-course Information Session**

Total time: 2.5 Hours

## **Objectives:**

This session will allow participants the opportunity to gain more information about the programme structure and content and application process. Participants will meet each other and the staff team and have the opportunity to discuss any specific needs they may have in relation to taking part in the training.

By the end of this session participants will have:-

- 1. Gained information about the background, content and structure of the training programme
- 2. Begun to explore their understanding of the purpose of CLD and the role of community activists in relation to National Outcome
- 3. Defined any specific needs they may have in relation to taking part
- 4. Clarified the process for making an application to take part in the course
- 5. Indicated whether or not they wish to participate in the programme

## Outline:

Activity 1	Introductions	5 minutes
Activity 2	Ice Breaker	20 minutes
Activity 3	Background to the Training	10 minutes
Activity 4	What Is CLD?	25 minutes
Activity 5	Fitting in to the Bigger	20 minutes
	Picture	
	Coffee/Tea Break	10 minutes
Activity 6	What can you expect if you	20 minutes
	decide to take part?	
Activity 7	Completing the application	10 minutes
Activity 8	Questions, evaluation and	20 minutes
	ending	